FREE PATIENT GUIDE

Mercury-safe dentistry: exactly what you'll get, visit by visit

How a mercury-free, mercury-safe office protects you, what happens at each visit, and the questions to ask.

WHAT IT IS

Dental care in an office that never places silver amalgam fillings and uses strict protocols to keep mercury away from patients, staff and the environment.

WHO IT'S FOR

Anyone with silver fillings, anyone worried about mercury exposure, and anyone who wants dental work with no new mercury going in.

Exactly what you get

- **No silver amalgam fillings**, ever
- A review of your **dental work and health history**
- **Plain-language advice** on your options, with no pressure
- A **phased plan** if you choose to replace old fillings
- **SMART-based removal**: rubber dam, outside air supply, sectioning
- **Room air purification** and mercury vapor filtration
- **Mercury-free, BPA-free** replacement materials
- Optional **biocompatibility testing** before anything is placed
- **Sedation options** if you're anxious



Your visits, step by step

Here's how a mercury-safe visit usually goes.

1 Evaluation
Your dental work, health history and any symptoms are reviewed.

2 Consultation
The risks and your options, explained in plain language.

3 Your plan
If you go ahead, a plan with optional material testing.

4 Safe removal
SMART-based protocols with full protection in place.

5 Restoration
Mercury-free, BPA-free materials restore your teeth.

6 Follow-up
We check your comfort and your new fillings.

HOW TO PREPARE

- A list of your medications and supplements
- Any symptoms or health concerns you'd like to discuss
- Previous dental X-rays or records, if you have them
- Which fillings or crowns you know are metal
- Your priorities and budget, if you're considering replacement

QUESTIONS TO ASK

1. Do you still place silver (amalgam) fillings?
2. Which protocols do you follow when removing them?
3. Do you filter the air for mercury vapor?
4. Can I replace my fillings over time instead of all at once?
5. Can you test replacement materials against my body?

Cost and financing

It depends on how many fillings you have and what replaces them. Many plans cover replacing fillings that are cracked, decayed or failing. You'll get a written plan with pricing, help checking your benefits, and financing options.

Book your mercury-safe dentistry consultation

211 Broad St, Suite 106, Red Bank, NJ 07701
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