T LOVE HOME CARE SERVICES

FREE PRINTABLE PLANNER

Home Care Needs & Weekly Schedule Planner

Plan care around your loved one, not the other way around. Map personal care, meals, household help, companionship and transportation, and bring a useful starting plan to your consultation.

How to use this worksheet: Fill in the prompts below, then mark the days and times when help would be most useful on the weekly grid.

Care planning prompts

1. Who is the plan for? (first name only on this copy)
2. Preferred wake-up and bedtime routines
3. Personal care: bathing, grooming, dressing
4. Meals: preparation, grocery shopping, hydration reminders
5. Home support: laundry, light cleaning, linen changes
6. Companionship: preferred activities, conversations, outings
7. Transportation: appointment locations and timing
8. Visit schedule: days, time ranges, family coverage
9. Care preferences: pets, language, activity preferences
10. Questions to ask during your free care consultation

Please note: This planner supports discussion; an individualized agency service plan is prepared before care starts. T Love Home Care Services provides non-medical home care (companionship, personal care, homemaker, private duty and non-medical transportation) in Allen and Marion counties, Indiana.

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Weekly visit planner

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning							
Midday							
Afternoon							
Evening							

Write the task and who covers it (family or caregiver) in each box.

Schedule a Free Care Consultation

Talk with our team about your family's schedule, the type of non-medical help you want and possible payment arrangements. There's no obligation to book care.

Companionship · Personal Care · Homemaker · Private Duty · Non-Medical Transportation

CALL OR TEXT
(260) 450-7038
tlovehomecareservices.com

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