T LOVE HOME CARE SERVICES

FREE FAMILY CHECKLIST

10 Signs Your Loved One May Need Help at Home

Everyday changes are often the first sign that a little support at home could help. Use this checklist to notice what has become harder, organize what help your family may want, and start a respectful conversation.

How to use this checklist: Check each statement that applies, then add a short note about what you have noticed. Bring this sheet to your free care consultation.

What have you noticed?

- [ ] Getting dressed or bathing has become more difficult
- [ ] Laundry and housekeeping are frequently left unfinished
- [ ] Preparing regular meals has become harder
- [ ] Getting to appointments or errands requires help
- [ ] There is less social interaction than before
- [ ] Family members struggle to cover daily care tasks
- [ ] The person prefers more help but wants to stay at home
- [ ] Morning or evening routines increasingly require assistance
- [ ] Someone needs a more predictable companionship schedule
- [ ] The family wants a written home-support plan

Please note: These are conversation prompts, not a diagnosis or safety assessment. Urgent medical concerns should go to qualified professionals. T Love Home Care Services provides non-medical home care (companionship, personal care, homemaker, private duty and non-medical transportation) in Allen and Marion counties, Indiana.

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Starting the conversation

- Choose a calm time and a private place. Lead with care, not a list of problems.
- Ask what would make their day easier, and listen for what matters most to them.
- Talk about help as a way to stay independent at home, not as losing control.
- Agree on one small next step, such as a free consultation to learn about options.

Questions to ask at your consultation

1. Which services are available in our county?
2. How are visit days, times and caregivers matched?
3. What happens if our needs change over time?
4. What payment options should we ask about?

Schedule a Free Care Consultation

Talk with our team about your family's schedule, the type of non-medical help you want and possible payment arrangements. There's no obligation to book care.

Companionship · Personal Care · Homemaker · Private Duty · Non-Medical Transportation

CALL OR TEXT
(260) 450-7038
tlovehomecareservices.com

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