the weekly resolution®

INTENTIONS

GOAL TOWARDS DREAM

GRATITUDE

TOP 3 PRIORITIES

TASKS

My Uno-Trio® Weekly Plan

UNO	TRIO
	Fulfillment
	Environment
	Relationships

HABITS	M	T	W	T	F	S	S

WEEKLY REVIEW ☺ 😐 ☹

Week of _____

"Take it one week at a time."
- Chantal Souaid -

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Priority							
	6:00 am	6:00 am	6:00 am	6:00 am	6:00 am	6:00 am	6:00 am
	6:30 am	6:30 am	6:30 am	6:30 am	6:30 am	6:30 am	6:30 am
	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am
	7:30 am	7:30 am	7:30 am	7:30 am	7:30 am	7:30 am	7:30 am
	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am	8:00 am
	8:30 am	8:30 am	8:30 am	8:30 am	8:30 am	8:30 am	8:30 am
	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am
	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am
	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am
	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am
	11:00 am	11:00 am	11:00 am	11:00 am	11:00 am	11:00 am	11:00 am
	11:30 am	11:30 am	11:30 am	11:30 am	11:30 am	11:30 am	11:30 am
	12:00 pm	12:00 pm	12:00 pm	12:00 pm	12:00 pm	12:00 pm	12:00 pm
	12:30 pm	12:30 pm	12:30 pm	12:30 pm	12:30 pm	12:30 pm	12:30 pm
	1:00 pm	1:00 pm	1:00 pm	1:00 pm	1:00 pm	1:00 pm	1:00 pm
	1:30 pm	1:30 pm	1:30 pm	1:30 pm	1:30 pm	1:30 pm	1:30 pm
	2:00 pm	2:00 pm	2:00 pm	2:00 pm	2:00 pm	2:00 pm	2:00 pm
	2:30 pm	2:30 pm	2:30 pm	2:30 pm	2:30 pm	2:30 pm	2:30 pm
	3:00 pm	3:00 pm	3:00 pm	3:00 pm	3:00 pm	3:00 pm	3:00 pm
	3:30 pm	3:30 pm	3:30 pm	3:30 pm	3:30 pm	3:30 pm	3:30 pm
	4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:00 pm
	4:30 pm	4:30 pm	4:30 pm	4:30 pm	4:30 pm	4:30 pm	4:30 pm
	5:00 pm	5:00 pm	5:00 pm	5:00 pm	5:00 pm	5:00 pm	5:00 pm
	5:30 pm	5:30 pm	5:30 pm	5:30 pm	5:30 pm	5:30 pm	5:30 pm
	6:00 pm	6:00 pm	6:00 pm	6:00 pm	6:00 pm	6:00 pm	6:00 pm
	6:30 pm	6:30 pm	6:30 pm	6:30 pm	6:30 pm	6:30 pm	6:30 pm
	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm
	7:30 pm	7:30 pm	7:30 pm	7:30 pm	7:30 pm	7:30 pm	7:30 pm
	8:00 pm	8:00 pm	8:00 pm	8:00 pm	8:00 pm	8:00 pm	8:00 pm
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	9:00 pm	9:00 pm	9:00 pm	9:00 pm	9:00 pm	9:00 pm	9:00 pm
	9:30 pm	9:30 pm	9:30 pm	9:30 pm	9:30 pm	9:30 pm	9:30 pm
	10:00 pm	10:00 pm	10:00 pm	10:00 pm	10:00 pm	10:00 pm	10:00 pm
Abundance							