ETERNAL VITALITY

ORLANDO, FLORIDA

Your VitaSculpt Experience

Your guide to a confident, well-prepared first visit.

THE VITASCULPT PROCESS

Eternal Vitality's personalized approach to body contouring combines HIFEM muscle stimulation, radiofrequency (RF), and green-light laser technologies. Your recommended plan depends on your goals, treatment area, and clinical suitability.

WHAT TO EXPECT AT YOUR APPOINTMENT

01

MEET REBECCA

Discuss your goals and health history. Rebecca will review safety factors, candidacy, and the areas you hope to address.

02

REVIEW YOUR OPTIONS

Learn how the technologies work, ask questions, and discuss measurements, expectations, and a personalized recommendation.

03

POTENTIALLY BEGIN

If you're a suitable candidate, you may choose to begin your first treatment that day following consent and payment for your selected package.

UNDERSTANDING THE TECHNOLOGIES

HIFEM + RADIOFREQUENCY

Produces noticeable muscle contractions and controlled warmth. Intensity is adjusted for safety and comfort; temporary muscle soreness may occur.

GREEN-LIGHT LASER

A light-based contouring technology that typically produces little or no noticeable sensation. Your team will explain positioning and protective measures.

CANDIDACY & REALISTIC EXPECTATIONS

WHO IT MAY HELP

Adults seeking body contouring or muscle conditioning, with realistic expectations and healthy habits. VitaSculpt is not a weight-loss treatment. When appropriate, ask about our separate Vital Metabolic Reset program.

SAFETY & RESULTS

Screening is essential. Tell us about pregnancy, electronic implants, metal near treatment areas, medical conditions, and recent procedures. Results vary; no visible change after one session is guaranteed.

BEFORE YOU ARRIVE

- Save the date and time from your confirmation message; arrive about 5-10 minutes early.
- Wear comfortable clothing. Keep the intended treatment area free of lotions and oils.
- Hydrate normally unless your clinician instructs otherwise; bring questions or safety concerns.

YOUR APPOINTMENT IS IN PERSON IN ORLANDO

4361 Hunters Park Lane, Orlando, FL 32837

Monday-Thursday, 10 AM-5 PM | Questions or rescheduling: 407-710-1840