ADRENA

JEN

ADRENALINE · COURAGE · FEAR · POWER



JENNIE MILTON

KEYNOTE SPEAKER | CHAMPION EXTREME ATHLETE | CREATOR OF SCHEDULE YOUR FEAR

MEDIA KIT

Jennie Milton

"Adrena-Jen"

KEYNOTE SPEAKER & AUTHOR

Jennie "AdrenaJen" Milton



ADRENALINE
COURAGE
FEAR
POWER

ATHLETE - COACH - GUIDE

- Australian Kitesurfing Champion
- World Renowned Snowkite Coach
- Big Mtn Backcountry Ski Guide
- International Entrepreneur



"Fear isn't the end - it's the starting line."

Jen has helped **1000's of women, entrepreneurs and aspiring leaders** activate their competitive edge to overcome fears and challenges in business and life by sharing techniques used by extreme sports athletes to master mental endurance and turn pressure into progress.

FEATURED ON

iHeart Media · Apple Podcasts · tv · Podchaser · Rollerblade · TEDx · ozone · THREDBO · ARC'TERYX · Völkl

TESTIMONIALS

> "I had the opportunity to see Jennie Milton speak recently in New York, and WOW. Jennie naturally has what so many speakers wish they had. Great energy. Very engaging. Dynamite. And most importantly a way of moving an audience into action. I highly recommend Jennie when you are looking for your next speaker."
>
> **Corey Poirier** - Founder, bLU Talks

> Jennie brings a wealth of experience and knowledge to the stage, and an abundance of energy. Her stories are captivating and relatable across all fields. She is amazing!
>
> **Heidi Dunstan** - Event Manager

BOOK JEN TO SPEAK AT YOUR NEXT EVENT

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