CONQUEST

CONQUEST KENT ISLAND · WEEKLY CLASS SCHEDULE

222 Shopping Center Rd, Stevensville, MD 21666 · 443-363-1163 · bjjconquest.com

BJJ | Striking & MMA | Kids | Open mat

MON	TUE	WED	THU	FRI	SAT	SUN
6:00-7:00 AM Gi BJJ	**5:00-5:45 PM** Kids Striking	**6:00-7:00 AM** Gi BJJ	**5:00-5:45 PM** Kids BJJ	**6:00-7:00 AM** Open Mat (Members Only)	**9:00-10:00 AM** Adult MMA	No classes
5:00-5:45 PM Kids Gi BJJ	**6:00-7:00 PM** Adult MMA	**5:00-5:45 PM** Kids Gi BJJ	**6:00-7:00 PM** Adult No-Gi BJJ	**6:00-7:00 PM** BJJ Fundamentals	**10:00-11:00 AM** Adult No-Gi BJJ	
7:00-8:00 PM Gi BJJ	**7:00-8:00 PM** Open Mat (Members Only)	**6:00-7:00 PM** Adult Boxing				
		7:10-8:10 PM Gi BJJ				

Class times: Mon 6:00 AM-8:00 PM; Tue 5:00 PM-8:00 PM; Wed 6:00 AM-8:10 PM; Thu 5:00 PM-7:00 PM; Fri 6:00 AM-7:00 PM; Sat 9:00 AM-11:00 AM.

Free 7-Day VIP Pass · bjjconquest.com