

Award-Winning Television Creator

BUILDING HOPE BY TRANSFORMING HOW WE NAVIGATE BIG FEELINGS

Taes Leavitt is transforming how we understand and respond to emotional overwhelm- one child, one classroom, and one community at a time. A 2x JUNO Award winner and celebrated creator for Disney Jr., Sesame Street, and Treehouse TV, Taes brings over two decades of experience in children's media to a deeper mission: ending the emotional disconnection that's leaving kids and adults alike feeling lost, dysregulated, and without tools that truly work.

Through her groundbreaking ***Big Heart Journey*** and signature "***Picture It***" method, Taes makes emotions visible. She empowers educators, parents, and kids to co-create a shared emotional language- one that turns chaotic moments into connection and gives everyone tools to navigate feelings with compassion, clarity, and confidence. Her approach isn't just effective; it's pediatrician and psychologist-approved, neuroscience-informed, and kid-loved.

Taes saw the gap that so many are struggling to bridge: how do we actually teach emotional literacy in real-time, when big feelings are happening? The answer: give people something they can ***see, name, and do***. Her unique blend of performance, psychology, and mindfulness leads to interactive experiences that are as emotionally transformative as they are fun. Her work doesn't just teach tools-it builds hope.

From K–8 classrooms to teen assemblies, educator trainings, and even corporate wellness spaces, Taes is restoring the emotional foundation that helps humans thrive. Her sessions spark laughter, foster resilience, and deliver strategies that stick. Because when we feel seen and understood, everything changes.

MEDIA FEATURES

CBC · THE GLOBE AND MAIL · CTV · TORONTO STAR · 519

CAREER HIGHLIGHTS

2× JUNO Award Winner, Children's Album of the Year

8× JUNO Nominee, Children's Album of the Year

Featured on The Today Show, Disney Jr., Sesame Street

#1 Artist on SiriusXM Kids Place Live

Canadian Folk Music Award Winner, Children's Album

Creator of Big Heart Journey, an emotional literacy platform for families, schools, and teams

Programs approved by pediatricians & psychologists

PODCAST GUEST

Taes is a magnetic, hope-filled guest who brings science-backed insights, moving stories, and laugh-out-loud moments to every conversation. She speaks fluently on emotional regulation, parenting, education, creativity, and building a new language for feelings-offering practical tools audiences can use immediately.

WATCH HERE



THOUGHT LEADER & TV PERSONALITY

With the heart of a performer and the mind of a behavioral innovator, Taes Leavitt captivates on stage and screen. Whether speaking to packed auditoriums or appearing on The Today Show, she blends storytelling, science, and playful energy to address one of today's most urgent challenges: our outdated emotional tools aren't working. Her presence is warm, wise, and utterly disarming-inviting audiences to think differently, feel more deeply, and embrace a hopeful new way forward.

DIGITAL REACH & IMPACT

Taes' work has reached **thousands of classrooms and communities** across North America and beyond. Her music has topped **SiriusXM Kids Place Live** and her award-winning content has been viewed and streamed across major platforms including **Disney Jr.**, **Treehouse TV**, and **Sesame Street**. As the creator behind multiple JUNO-winning albums and the *Big Heart Journey* emotional literacy brand, her digital footprint is anchored in high-trust, high-impact engagement with parents, educators, and organizations seeking real solutions that work for real people.



Contact

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