Feel free to use these scripts, or get creative!

For Teacher and Parent Events:

Please join me in welcoming Tess Leavitt.
Tess is a two-time JUNO Award winner,(the Canadian Grammies!), internationally acclaimed children's performer, and founder of The Big Heart Journey- an initiative helping kids and their grown-ups navigate big feelings.

For over two decades, she has created award-winning music, media, and programs that foster connection and emotional well-being, with work featured on Sesame Street, Disney, and Treehouse TV.

Today, she's here to share powerful, practical tools to help us better support the children in our lives.
Please welcome, Tess!

For Teen Events:

Nobody really teaches you what to do with big feelings.

Our next speaker is here to change that.

Please welcome Tess!

She's a two-time JUNO Award winner (the Canadian Grammies!) and the founder of The Big Heart Journey, where she helps people understand what's actually going on inside their emotions—and how to handle them in real life.

She's created content for Sesame Street, Disney, and Treehouse TV, and today she's here to share tools with you that are fun and actually work.

Let's give a warm welcome to Tess Leavitt

For Kid Events:

Who here has ever had a BIG feeling before? Well, our next guest is here to help with exactly that!

Please welcome Tess!

She's a two-time JUNO Award winner, an incredible performer, and the founder of The Big Heart Journey-where she helps kids (and grown-ups) learn what to do with their big feelings.

She's created music and TV shows you might have seen on Sesame Street, Disney, and Treehouse TV-and today, she's here just for YOU.
Let's give her a huge welcome!