Using your compression pump

FERN MEDICAL SUPPLIES

For AIROS 6, 6P, 8 and 8P pumps.

Before you start Use the bathroom. Remove jewelry and anything tight. Check your skin. Keep the pump away from water.

Each session

1. Get comfortable. Put your legs or arm into the sleeve and elevate them.
   Leg: unzip it all the way, put your foot in, and zip it up. Arm: slide your arm through. Leg and standard arm sleeves fit either side. Arm Plus is made for your right or left arm. Pants: see page 2.
2. Make sure the pump is plugged into an outlet. Turn on the main power switch on the back.
3. Press the orange START button.
4. Relax and keep your legs or arm elevated. The session ends on its own at your prescribed time.
   Need to stop early? Press the orange button anytime.
5. The sleeves let the air out on their own. Don't turn off the power until they're empty.
6. Once the sleeves are empty, turn off the power and take them off. Check your skin again.

Don't use your pump if you have a new infection or cellulitis, a blood clot, or an open wound on the arm or leg. Check with your doctor first.

Settings and care



Your settings Your settings are on the sticker on your pump. Don't change them unless your doctor tells you to. You should feel a firm, steady squeeze. It shouldn't hurt.

Putting on pants (truncal sleeve)

Unzip both zippers about halfway down the legs. Put your feet into the left and right legs. Use the pull handles to pull the pants up until the top rests above your waist. Zip both zippers up.

Tip: this may be easier lying down.

Between sessions It's OK to leave the sleeves attached. To remove one, use the green plastic connector. Store sleeves and cords so no one trips. Clean the sleeves as your pump's instructions say. Contact Fern if a sleeve leaks, tears or no longer fits.

"Low pressure"? Check that the sleeve is zipped and its connector is pushed in all the way. Still not working? Press the orange button, then contact Fern.

Safety and help

Stop the session and call your doctor right away if you have

Redness or heat in the legs or arm being treated. **Shortness of breath or chest heaviness: stop and call 911.**

If your pump stops working

1. Stop using it.
2. Check that it's plugged into an outlet, the power switch on the back is on, and each sleeve connector is pushed in all the way.
3. Still not working? Chat with us or use the contact form at fernmednc.com. We'll handle the warranty repair.

Please Don't open the pump or try to repair it yourself.

Questions? Chat with us or use the contact form at www.fernmednc.com. Free language help: 919-241-4259.