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Time Plan Guide

The Time Plan exercise will help you to be very intentional with your time: with whom you spend it, what you do, and how much clock time you dedicate each month. We encourage you to be thoughtful and conservative. Post business sale, many leaders find that their time slips away, filled with activities and things for which are difficult to account.



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The Time Plan

1. List your Tribes
2. List the Talents you'll apply in order to bring about the ideal result
3. Write down the number of hours per week you are willing to invest in each Tribe
4. Take note of any thoughts, ideas, and questions you may need to consider

TRIBE	TALENT(S) APPLIED	HOURS/MONTH	NOTES
Spouse, Children, Grandkids	Help with son's plumbing business	4	Strategize with my son each Monday morning
Parents, Siblings, Nieces, Nephews	Family College fund planning	1	1 family meeting/quarter to go over plans for each child
Golf Buddies	Share stories & ideas, keep each other sharp	12	Thursday tee time!
My Parish	Driving 3 Meals on Wheels/week	4	See if my granddaughter would like to ride along
Alumni Friend Circle	Share stories & ideas, keep each other sharp	2	Coffee meeting 1/month
Real Estate Group	Seek out new investment opportunities	20	Checking on opportunities daily
Chamber of Commerce	Opportunities to teach, coach, mentor, & network	4	Look into SCORE (service core of retired executives)
Salvation Army	Volunteer during Christmas so that more kids have gifts	10/yr	Easy - just sign up!

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In your Second Wave Life™, your time is just as precious as when you worked within your business. So, be intentional. Be in the places, with the people, doing the things that will drive the best results.

> *"The most important thing to do with your time after you exit your business is to be intentional with it… more intentional than you have ever been."*
>
> *– Andrew Williams*

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