
LEGACY
balance
spas
Kwa Maritane
SPA
TREATMENT
MENU

MASSAGE THERAPIES

Swedish Massage **R1050**
A gentle massage using a variety of techniques that apply pressure to manipulate muscles aiming to release tension, improve circulation, provide greater flexibility and improve overall well-being.
60 min

Aromatherapy Massage **R1150**
A gentle massage, similar to a Swedish massage using a unique blend of essential oils that are absorbed by the skin and inhaled to promote deep relaxation.
60 min

Hot Stone Massage **R1050**
A massage journey in conjunction with heated stones that encourage blood flow throughout the body relieving chronic pain and promoting deep relaxation.
60 min

Deep Tissue Massage **R1150**
A massage applying firm pressure that targets deeper layers of muscle and connective tissue to release deep seated tension and knots.
60 min

Lava Shell Massage **R1150**
A massage journey accompanied with self-heating technology of Lava Shells that encourage blood flow throughout the body relieving chronic pain and promoting deep relaxation.
60 min

Back, Neck, Shoulder and Head Massage **R750**
45 min

Deep Tissue Back, Neck, Shoulder and Head Massage **R850**
45 min

MASSAGE ENHANCEMENTS

Customise your massage with enhancements that will elevate your experience and target specific concerns.

Soy Candle **R250**
A moisturising body candle with a unique blend of natural soy wax and botanical oils to enhance the massage experience.

Bellabaci Cupping **R250**
Bellabaci massage cups are used to instantly soothe painful areas of the body and repair skin tissue.

Hot Lava Shells **R300**

Hot Stones **R250**

Exfoliation **R400**
30 min

Massage (Extra Time) **R300**
Add on 30 minutes to any massage.



PREGNANCY THERAPIES

AVAILABLE AFTER FIRST TRIMESTER

Elemis Mother To Be — **R1450**
A luxurious 'Me Time' journey that offers a top to toe blissful escape before baby arrives.
90 min

Journey To Motherhood Massage — **R1150**
A gentle prenatal massage to nurture and support women through the rich tapestry of pregnancy.
60 min

BODY RITUALS

Full Body Exfoliation — **R500**
A special blend of salt and oils that gently buffs away flakey skin, leaving skin soft to touch and ready for subsequent product application.
30 min

Thalgo Body Exfoliation and Massage — **R1650**
A luxuriously gentle salt exfoliation, paired with a full body exfoliation and massage that transforms the skin leaving it wonderfully soft and subtle.
90 min

Hydrating Body Wrap and Exfoliation — **R1100**
Enjoy a gentle full body exfoliation, followed by a deeply nourishing hydrating wrap that revitalises skin.
60 min

Detox Body Wrap and Exfoliation — **R1100**
Refresh and purify your skin with our detoxifying wrap and exfoliation that draws out toxins.
60 min

Legacy Balance Foot Ritual — **R450**
A foot and calf focused tension reliever using gentle massage and pressure point techniques to alleviate tension.
45 min

Thalgo Light Legs — **R550**
A cryotherapy treatment wrap that treats feelings of discomfort and tiredness in the legs.
45 min



QMS FACIAL THERAPIES

QMS Medicosmetics is a premium skincare brand recognised for its pioneering use of collagen to improve skin regeneration and anti-aging, offering solutions that boost skin elasticity, reduce wrinkles, and enhance overall skin health.

QMS Collagen Reset **R990**
This treatment offers a thorough cleanse and refining experience. The result? Healthy, balanced, and hydrated skin.
60 min

QMS Collagen Revive **R1250**
Experience visibly smoother skin and restored radiance. A detoxifying treatment that revitalises the skin providing an instant complexion boost.
75min

QMS Collagen Renewal **R1450**
Experience firmer, volumised skin with reduced fine lines and improved skin texture.
90 min

BABOR FACIAL THERAPIES

BABOR, a prestigious luxury skincare brand renowned for combining natural ingredients with advanced scientific research to deliver both an indulgent and results-oriented experience

BABOR Hydration Infusion **R750**
A fast and intensive hydration boost to saturate the skin with moisture, alleviating fine lines and wrinkles associated with dehydration.
45 min

BABOR Signature Skinovage **R1050**
A meticulously curated regimen tailored to address diverse skin needs with unparalleled efficacy and precision.
60 min

BABOR Age Control **R1150**
A classic BABOR treatment that targets expression lines and minimises the apppearance of fine lines by restoring facial contours, leaving the skin looking relaxed with a rosy, radiant glow. ***For all skin types except blemish prone skin.***
75min



DELICATE HANDS

Signature Manicure with Nail Polish — **R450**
A hand pampering manicure that focuses on the overall health of the hands.
60 min ***ADD GEL R100**

Luxury Manicure with Nail Polish — **R730**
Transform your hands with this decadent and perfectly crafted hand and nail treatment.
75 min ***ADD GEL R70**

Waterless Manicure — **R400**
A meticulous hand treatment that focuses on perfecting the beauty and health of your nails and cuticles.
30 min

***An additional 15 minutes of treatment time will be added to your treatment when adding on gel application.

FEATHER LIGHT FEET

Signature Pedicure with Nail Polish — **R460**
A foot pampering pedicure that focuses on the overall health of the feet.
60 min ***ADD GEL R100**

Luxury Pedicure with Nail Polish — **R780**
Luxury at its finest. An opulent treatment offering a comprehensive approach to the treatment of the feet.
75 min ***ADD GEL R70**

Waterless Pedicure — **R420**
A meticulous foot treatment that focuses on perfecting the beauty and health of your heels, nails and cuticles.
45 min

Medi - Pedi — **R550**
A fast, effective and painless foot peel that focuses on the removal of callus and dry scaley skin.
60 min ***ADD GEL R100**

***An additional 15 minutes of treatment time will be added to your treatment when adding on gel application.



NAIL ENHANCEMENTS

* A Soak Off must be accompanied by an additional spa treatment.

Gel Soak Off **30 min**	**R200**
Acrylic Soak Off **45 min**	**R200**
Gel Polish Overlay on Natural Nails	**R420**
Rubberbase Reinforcement	**R330**
Rubberbase Reinforcement with Gel Polish	**R430**
Gel Soak Off with Reapplication	**R580**

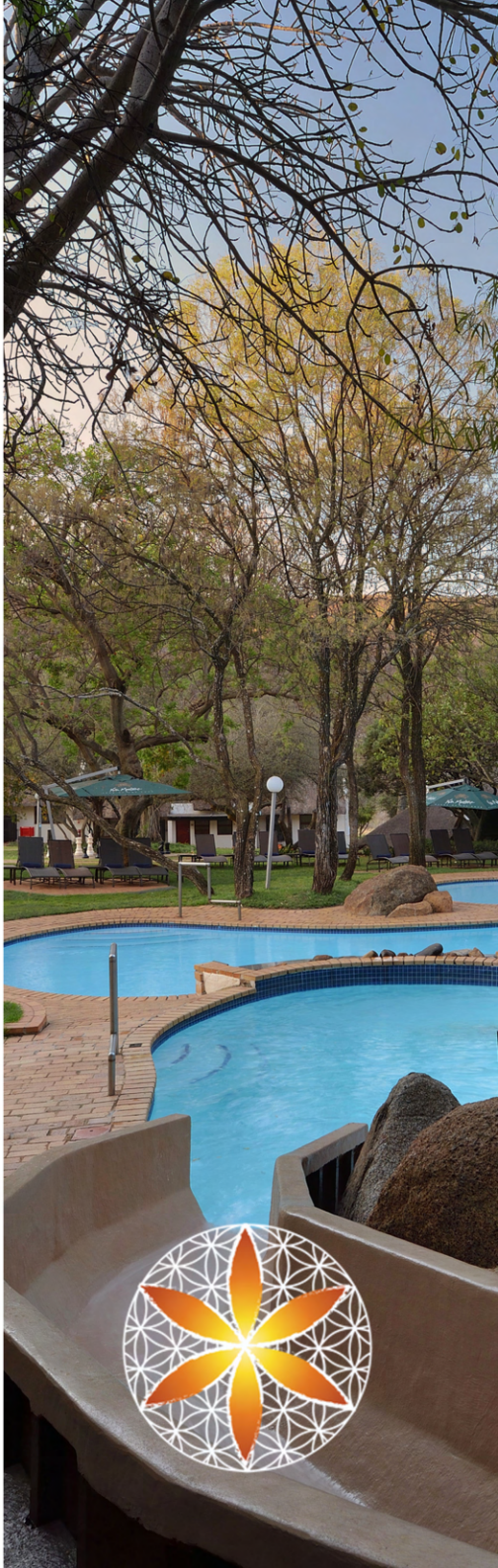
GROOMING

TINTING

Lash or Brow	**R150**

WAXING

Back or Chest	**R400**
Half Leg	**R300**
Full Leg	**R350**
Half Arm	**R200**
Full Arm	**R250**
Lip, Chin, Brow, Ear, Nose, Cheeks	**R150**
Underarm	**R220**
Brazilian	**R350**
Bikini	**R240**
Hollywood	**R430**



SPA PACKAGES

WHERE APPLICABLE, PACKAGE TIME REFLECTED IS INCLUSIVE OF LUNCH

Out Of This World
5 Hours

Hot Stone Massage
Signature Manicure
Signature Pedicure
BABOR Hydration Facial
Lunch

R2570 per person

Breathe In, Breathe Out
3 Hours

BABOR Age Control Facial
Signature Pedicure
Signature Manicure

R1810 per person

Power Of Touch
2.5 Hours

BABOR Signature Facial
Soy Candle Body Massage
Full Body Exfoliation

R2520 per person

A Touch Of Magic
3.5 Hours

BABOR Signature Facial
Deep Tissue Massage
Signature Pedicure

R2710 per person

Breath Of Life
2 Hours

Aromatherapy Massage
Body Wrap and Exfoliation

R2205 per person

Take The Load Off
4 Hours

QMS Collagen Reset Facial
Back, Neck, Head and Shoulder Massage
Signature Pedicure
Lunch

R2230 per person

Wind Down

Swedish Massage
Signature Pedicure with Gel Polish
Full Body Exfoliation
Lunch & Bubbly

R2220 per person

FOR COUPLES

Take Your Time

Swedish Massage
BABOR Signature Facial
Bubbly

2 Hours | R3985 p/c

Walking On Sunshine

Deep Tissue Massage
BABOR Hydration Infusion
Full Body Exfoliation
Lunch

3.5 Hours | R4720 p/c

Spa And Stay

Walking On Sunshine Package Accommodation (Sharing per night includes breakfast, dinner and one game drive per person per day).

*This package must be booked through the Spa only.
*This package is for two guests sharing.
*This package is subject to availability

R15 000 p/c









SPA ETIQUETTE

BOOKING POLICY AND CANCELLATION POLICY
A 50% deposit payment upfront is required in order to secure your booking. Please provide the Spa with a minimum of 6-hours notice when rescheduling your appointment. If a 6-hour cancellation is not given, 50% of your total treatment value will be charged.

A 100% upfront payment is required for group bookings, to secure your booking. Please provide the Spa with 7 days notice for the cancellation of group bookings in order not to incur any cancellation charges. If a 7 day cancellation is not provided, 100% of your total treatment value will be charged.

Kindly note that we do not provide refunds on retail products purchases.

ARRIVAL
Prepare for your Spa experience by arriving 30 minutes prior to your appointment time to allow for the check-in process. All appointments will end at their scheduled time in order that the next guest is not delayed or inconvenienced.

Treatment times include the Spa's welcome ritual.

ATTIRE
A secure locker is provided for all your personal belongings along with a robe, a pair of slippers and disposable underwear for your comfort.

CONSULTATION
All guests are required to complete a mandatory consultation card before their treatment so that our therapists can prepare your experience.

FACILITIES
Before or after your Spa treatment, enjoy our Facilities or simply relax in the relaxation area. Guests are more than welcome to help themselves to our complimentary refreshments.

Guests booking any of our massages, facials or packages enjoy complimentary access to our wet areas - perfect for unwinding before or after your treatment for up to 60 minutes.

If you're visiting us for a manicure, pedicure, waxing, or nail service, you can still elevate your experience for just R300 per person and enjoy our tranquil facilities for 60 minutes (subject to availability).

Swimwear is required at the relaxation areas, steam room and hydrotherapy pool.

HOMECARE
To continue your Spa experience at home, products used during your treatment can be purchased at the Spa reception, where your therapist will be delighted to advise you on the most suitable products for your needs.

DISCLAIMER
Access to and use of Kwa Maritane Spa's facilities and equipment are undertaken at your own risk. Kwa Maritane Spa, its management, therapists, and the lodge owners and staff shall not be held liable for any loss, injury, damage, claims, or compensation. By entering our premises, you acknowledge and accept this policy, waiving any and all claims against these parties.

Kwa Maritane SPA

SPA CONTACT DETAILS

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VOUCHER SALES:
Visit: www.legacybalance.co.za

OPERATING HOURS

Monday – Saturday
& Public Holidays: 09:00 – 18:00
Sundays: 10:00 – 17:00

MAKE A BOOKING

LEGACY balance spas